# Great ShakeOut Earthquake Drills ShakeOut



K-12 Schools: Get Ready to #ShakeOut!

Join millions of people worldwide each year in practicing a "Drop, Cover, and Hold On" drill and other earthquake safety actions. Most people participate on International ShakeOut Day (the third Thursday of October), but you can hold your drill on any day of the year!

Everyone, everywhere can participate: individuals, families, schools, community groups, and other organizations can practice separately or together, even in multiple locations through videoconferencing. Learn more at **ShakeOut.org/howtoparticipate**.

Join Millions!
Register at
ShakeOut.org

# **How to Participate**

#### Plan Your Drill:

- Register at ShakeOut.org to be counted and get updates.
- Learn earthquake safety at **ShakeOut.org/dropcoverholdon**.
- Review school drill guidance at ShakeOut.org/schools.
- Inform parents or quardians about your drill and invite participation.
- Include other aspects of your emergency plans, such as practicing reunification procedures.
- Hold your earthquake drill and discuss what you learned.

# **Get Prepared for Earthquakes:**

- Review preparedness materials from ShakeOut.org/schools.
- Secure items that might fall or be thrown during earthquakes.
- Create or update your facility's disaster plan.
- Provide CERT training for staff and older students.
- Organize or restock emergency supply kits.
- Encourage staff and children to prepare at home.
- West Coast: learn about earthquake alerts from ShakeAlert.org.
- Visit **EarthquakeCountry.org** to learn more about preparedness.

### Share the ShakeOut:

- Encourage students and staff to register home drills.
- Ask colleagues at other schools to participate.
- Promotional materials are at **ShakeOut.org/resources**.
- Highlight ShakeOut on your website and through social media.
- Share photos and videos of your drill using #ShakeOut.

## If You Feel Shaking or Get an Alert

#### **If Possible**



#### **Using Cane**



## **Using Walker**



## **Using Wheelchair**



EarthquakeCountry.org/step5







